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President's Message

Members of CCU Life,

On behalf of the CCU Life Board of Directors, Staff and Myself - we wish all of you a very 'Happy and Healthy New Year' and a brighter 2021! Another year is upon us and many have made their traditional 'New Year's Resolutions'. Let's try and keep them this year! In trying to keep your New Year's resolution, consider part of your resolution to add another member to the CCU membership. Insurance sales can be a hard sell, but with the assistance and persistence of the membership and Board, we need to make the effort. At the start of a new year it is a good time to review your insurance in force with CCU Life. Take the time to make sure your beneficiary is up to date, make any necessary name changes or even change of address.

By now all of you should have received your 2020 Dividends & Dues Invoice. Sorry for the delay in getting them out. Should anyone have any questions, please feel free to contact our office during regular business hours.

A suggestion was made by one of our members to offer members the option to receive the Posel via email verses the hard copy that is received by snail mail. We are asking for our members to contact the office if you would prefer this method of receiving the Posel. There is another option. Members can view the most recent issue and prior issues on our website: www.czechccu.org. Once again, just contact our office if you would like to change your way of receiving the Posel.

We here at CCU Life are asking all of our members and non-members to **please** adhere to the unfortunate guidelines put before us in dealing with the pandemic. We are not out of the woods yet. **STAY SAFE!!**

Fraternally,
Theresa Aveni
President

In Appreciation

St. Elizabeth Society #10, Cleveland, OH - "I would like to express my gratitude to the Czech Catholic Union for sponsoring your generous college grant. This grant will help me pursue my degree at Mercyhurst University. I have been accepted to Mercyhurst's Walker College of Business as a student in their Fashion Merchandising program. I hope to one day be able to own a bridal salon. This scholarship will help me get one step closer to fulfilling that dream. The support of the Czech Catholic Union has lightened my financial burden for college. Thank you for your generosity to help me achieve my goals and I hope to be able to pay it forward to future graduates someday."

Sincerely, Justine Hershberger

The Priestly Fraternity of St. Peter, South Abington Township, PA - "Thank you very much for your generous donation. It is the heart of Autumn here and the Pennsylvania forests are alight in an explosion of color and breathtaking beauty. As the season of growth comes to an end and the harvest comes in, we are drawn to think of eternity and the Last Things as we head toward Hallowtide. Our Fraternity priests know this year, more than ever, how critical we are in bringing the faithful the Mass and the Sacraments. We remain indescribably grateful for all the blessings, gifts and prayers that you have generously sent us. May Christ, the just Judge, reward you for your kindness and send every grace and consolation your way."

*Sincerely in Christ, Fr. Michael Stinson, FSSP
North American District Superior*

Twelfth Bishop of Cleveland, Cleveland, OH - "Thank you for your welcome to Cleveland. As I move from the Diocese of Greensburg to the Diocese of Cleveland, I am grateful that you are thinking of me and praying for me. Your kindness is very much appreciated. Promise to pray for you as well. God bless you and those you love."

Bishop Edward C. Malesic

ANNOUNCEMENT

Congratulations are sent out to St. Joseph Society #156 member, Amanda Hokr. Amanda was one of the recipients of the Ohio Fraternal Alliance scholarships awarded in 2020.

ATTENTION GRADUATING SENIORS

Czech Catholic Union/CCU Life has Membership in OFA (Ohio Fraternal Alliance). As a member of OFA, our Graduating seniors, residing in the State of Ohio, are eligible for the OFA Scholarship. The information is on page 4. For an application, call the Home Office or check our website

DON'T DELAY. DEADLINE APRIL 2, 2021.

HAVE YOU CHANGED YOUR ADDRESS?

Name _____

Old Address _____ State _____ Zip _____

New Address _____ State _____ Zip _____

Society No. _____

Mail to CZECH CATHOLIC UNION / CCU Life
5349 Dolloff Road, Cleveland, Ohio 44127

Or email: insurance@czechccu.org

IF YOU FIND MISTAKES IN THIS
PUBLICATION, PLEASE CONSIDER
THAT THEY ARE THERE
FOR A PURPOSE. WE
PUBLISH SOMETHING
FOR EVERYONE,
AND SOME
PEOPLE ARE
ALWAYS
LOOKING FOR
MISTAKES!!!



Lent Facts

The word “Lentil” comes from an Old English word “lencten” which means Spring.

The Catholic National Conference of Bishops stated in 2010 that they consider alligator as part of the fish family. So alligator can be eaten during Lent. Beavers have also been allowed as Friday fish. Purple, specifically violet, is the symbolic color used in churches throughout Lent for two basic reasons. It is associated with

mourning and anticipates the pain and suffering of the crucifixion of Christ. Purple is the color associated with royalty and celebrates Christ’s resurrection.

Eating fish became popular for several reasons. Meat from warm blooded animals was forbidden. Jews customarily ate fish on Fridays, the chief apostles of Jesus were fishermen, the resurrected Christ dined on fish and fish reminded Christians of the waters of Baptism.

McDonald’s Filet-O-Fish was invented in 1962, when a McDonald’s franchise owner noticed his burger sales dropped on Fridays during Lent.



Ohio Fraternal Alliance 2021 Scholarship Program

The Ohio Fraternal Alliance annually awards a college scholarship to a graduating high school senior up to \$500.

Scholarship applications may be obtained from any Ohio Fraternal Alliance member fraternal home office or contact:

Michael Czarney
440-420-0995
mczarney@hotmail.com

Scholarship Applicant Requirements:

1. Applicant must be an Ohio resident. They must be a current youth policy member of a fraternal society, or included in a family member policy that does not have youth policies belonging to the Ohio Fraternal Alliance.
2. Applicant must be a 2021 high school graduate.
3. Applicant must submit a minimum 150-word essay entitled: How I’m personally involved in my Fraternal Society & its Future.
4. Applicant must submit a list of the following activities: Church related activities, local community and volunteer activities, school activities/clubs.
5. Applicant must submit a letter of recommendation from a local Fraternal Society officer.
6. Essay, all activities, and letter will be judged. Completed application must be dated and submitted by April 2, 2021 and mailed to:

OFA Scholarship Committee
Attn: Michael Czarney
1208 Meadowbrook Ct.
Amherst, Ohio 44001



PRAGUE ONION SOUP WITH BEER

½ cup butter
 2¼ lb. yellow onions
 2 cloves garlic, minced
 5 Tbsp. flour
 ¼ tsp. cayenne pepper
 1 bottle beer (light or dark)
 7 cups broth (chicken, beef or vegetable)
 2 bay leaves
 Salt to taste
 Chopped chives or parsley (garnish)

Cut onions in halves lengthwise, then cut cross grain into slivers. In a 5 to 6 quart pot, melt butter over medium heat; add onions and garlic, stirring frequently. Cook until onions are wilted. Add flour and cayenne pepper; stir until the flour absorbs the butter and becomes pasty. Remove from heat and gradually stir in beer, 2 cups broth, and bay leaves. Return to heat and bring to a boil, stirring frequently to prevent sticking. Cover; reduce heat and simmer for 45 to 60 minutes, stirring occasionally to prevent sticking. Add remaining broth and bring to a gentle boil. Adjust seasoning. Garnish with parsley or chives. Serves 6 to 8.

HOVEZI GULAS (BEEF GOULASH)

2 lbs. beef (chuck or shank)
 1½ oz. chopped bacon
 1 large onion, chopped
 4 to 5 cloves garlic, mashed
 1 Tbsp. olive oil
 ½ tsp. Hungarian paprika
 2 tsp. dried marjoram
 2 cups chicken broth
 salt and pepper to taste
 ¼ tsp. caraway seeds
 2 Tbsp. cornstarch

Chop onions and mash garlic. Cube meat; trim off excess fat. Heat a large skillet and add oil. Chop bacon and fry in oil until crisp. Add onion and saute until golden. Add meat and brown. When the meat is brown, sprinkle on paprika and turn down heat so paprika won't burn. Add rest of spices and chicken broth. Cover on low heat; let simmer until meat is tender.

Mix cornstarch with a little water and add to meat mixture, stirring constantly until it thickens.

TRANSYLVANIAN BREAD

makes 3 loaves

2½ cups water
 1 Tbsp. salt
 3 Tbsp. sugar
 ½ cup butter
 10 cups flour, sifted
 3 packages granulated yeast
 ½ cup warm water
 1 cup water, lukewarm
 ¼ cup softened butter

In a saucepan, combine water, salt, sugar, and butter. Bring to a boil, set aside, and cool. Sift flour into a large bowl. Dissolve yeast in warm water. When dissolved, stir the yeast mixture and 2½ cups water into the flour. Now add the cooled water and sugar mixture. Mix well with a wooden spoon until the dough no longer sticks to the spoon – about 10 minutes. Turn onto a floured board and knead for 5 minutes. Rub dough with softened butter. Place dough in a large bowl. Cover with a towel and let dough rise until doubled, about 1¼ hours. When the dough has doubled, punch it down and divide it into three parts. Butter 3 9-inch cake pans and place dough in pans. Cover and let rise again until doubled, about 1 hour. Preheat oven to 450°. When ready to bake, cut into the top of each loaf lightly with a sharp knife to make the sign of the cross. Bake at 450° for 10 minutes, then lower the heat to 350° and continue baking until bread is browned and done, about another 35-45 minutes.

CCU LIFE - ANNUITY/IRA

Current Annuity Rates are set at 3% for members and 1.5% for non-members for new business with a guarantee of 1%, 2 year contract.

Interest rates are reviewed quarterly and subject to change.

Contact the Home Office for additional information on our Annuity and IRA products available.

New Book offers a panoramic history of the Czechs and their institutions in Cleveland, Ohio, from 1850 to the present time

Stephen J. Sebesta releases 'The Settlement Growth and Movement of the Czechs and their Institutions in Cleveland, Ohio'



This book entitled “The Settlement, Growth and Movement of the Czechs and their Institutions in Cleveland, Ohio” is illustrated with numerous maps, photos and figures and offers readers an historical account of Czech immigration to the United States and their 170 years of settlement, growth and movement in Cleveland.

It reviews the history of the Bohemians, Moravians, and Silesians in Europe, collectively known as the Czechs, and their centuries-old struggle for freedom and cultural identity. It discusses the forces that led the Czechs to emigrate and traces immigration patterns of the Czechs in the U.S. and particularly of the Czech settlements in Cleveland, Ohio which, in 1910, had the fourth largest population of Czech born inhabitants in the world, exceeded only by Chicago, Vienna and Prague.

It tells a story about the Catholic and Protestant churches, the Jewish immigrants, freethinker organizations and the Sokols, as well other Czech organizations and institutions over the period starting from approximately 1850 to

the present time. It discusses the importance of Czech music and drama societies and summarizes the history of Czech fraternalism, newspapers, radio broadcasting, breweries, and other activities. It also notes the importance of the Cleveland Agreement, the Cleveland Czechoslovak Legionnaires who fought in World War 1.

The book which is published by Xlibris is available at Amazon and Barnes & Noble as a hardcover. An E-Book is available on line at <https://bit.ly/3mFZ9U4>.

The author, Dr. Stephen J. Sebesta, was born in Cleveland, Ohio, raised in the Czech Mt. Pleasant neighborhood and has served as President of the Cleveland Chapter of the Czechoslovak Society of Arts and Sciences (SVU) and as a Vice President of Sokol Greater Cleveland at the Czech Cultural Center. He has lectured on the subjects of the Czechs in Cleveland and the Cleveland Czech Legionnaires throughout the U.S. and in the Czech Republic and Slovakia and is also the author of “The Wartime Experiences of a Cleveland Czechoslovak Legionnaire.”

INFORMATION FOR CATHOLICS

JESUITS: An order of priests known for their ability to find colleges with good basketball teams.

JONAH: The original “Jaws” story.

JUSTICE: When kids have kids of their own.

KYRIE ELEISON: The only Greek words most Catholics can recognize besides gyros and baklava.

MAGI: The most famous trio to attend a baby shower.

PEW: A medieval torture device still found in Catholic churches.

PROCESSION: The ceremonial formation at the beginning of Mass consisting of altar servers, the celebrant and the late parishioners looking for seats.

RECESSIONAL HYMN: The last song at Mass often sung a little more quietly, since most people have already left.

RELICS: People who have been going to Mass for so long, they actually know when to sit, kneel and stand.

THE IMPORTANCE OF BENEFICIARIES

Many different assets, whether it be life insurance, an IRA, bank account, etc., allow for a beneficiary to be named. A beneficiary is an individual, or a trust, that will receive this asset upon your death. The beneficiary has no ownership rights during your lifetime and often the beneficiary can be easily changed. The two (2) most common types of assets that allow for beneficiary designations are life insurance and retirement accounts.

What happens upon an owner's death? When the account owner passes, the beneficiary (who often knows they are the beneficiary) contacts the financial institution and presents a death certificate. The beneficiary is then given the necessary forms to have the account liquidated and/or transferred into his or her name. It really can be that easy.

What if there is no beneficiary named? When no beneficiary is named, the asset would need to be probated in order to be transferred to those named in the Will, or to the decedent's next of kin. For an asset to be "probated" a family member, or other individual, would need to make a filing with the local Probate Court in order to gain access to the account and then transfer the account to the appropriate individuals. This process can be time consuming and may result in some of the asset being lost to creditor claims. In other words, the asset may be depleted.

A warning about tax deferred accounts.

Special attention needs to be paid to tax deferred accounts — IRA's, 401(k), 403(b) and some annuities. It is always recommended to name a beneficiary on these accounts because without one the account will need to be cashed and the accrued income tax will need to be paid immediately. A good rule of thumb is that 30% of the account value will be lost to taxes. When an individual or a trust is named as a beneficiary, it is possible for that beneficiary to "stretch" the account and therefore pay the income tax in small increments, instead of all at once.

So, in a nutshell, it is wise to pay attention to and take advantage of the ability to name a beneficiary on your assets.

This article is for informational purposes only and shall not be construed as legal advice. If you live outside Ohio, please seek legal counsel in your state of residence regarding these issues.

Christina M. Hronek

HRONEK LAW, LLC

3505 East Royalton Road, Suite 200

(Next to Ohio Cat)

Broadview Heights OH 44147

(440) 546-5290

christina@hronek-law.com

hronek-law.com

Note: Christina is the legal counsel for the Czech Catholic Union and has graciously offered to extend a 10% discount to any of our members who mention this article.

Privacy Commitment to Our Members

Provisions of the Gramm-Leach Bliley Act of 1999, also called the Financial Services Modernization Act, require every financial institution to annually notify all customers, in writing, of that organization's privacy policy. The purpose of the privacy provision of this act is to curtail the ability of third parties to obtain nonpublic personal information regarding individuals who purchase financial products and services from financial institutions.

You have elected to join the Czech Catholic Union / CCU Life Fraternal Insurance and have provided them with certain nonpublic personal information such as name, age, residence, marital status, and Social Security Number.

As a fraternal benefit society, we are dedicated to the protection of our members' privacy. The Czech Catholic Union / CCU Life has no affiliated financial institutions or third party nonaffiliates that have access to your nonpublic personal information, except pursuant to your written authorization.

Czech Catholic Union / CCU Life does not sell lists of member names or addresses to any vendor of goods or services. Should we need to retain any other organization to assist us with our operations, that organization will be required to comply with the same privacy standards as the Czech Catholic Union / CCU Life.

This privacy policy extends to nonpublic personal information of former members who no longer have insurance coverage with the Czech Catholic Union / CCU Life.

Access to members records is limited to employees who work on your member files. However, if required by civil or criminal litigation or audit to disclose information on your records, we must comply.

SILLY QUOTES

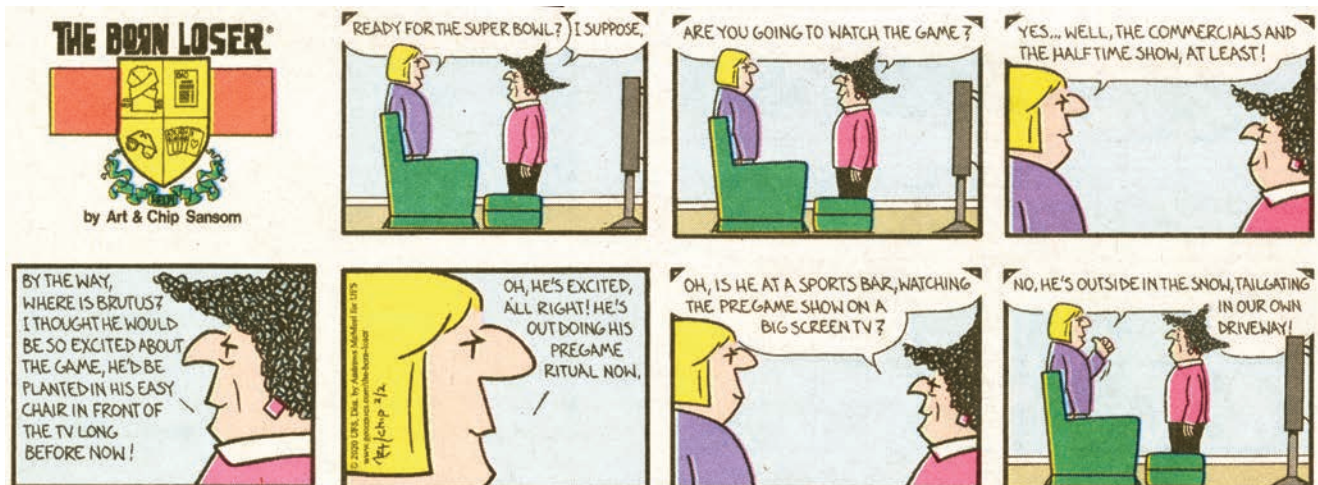
Venison for dinner again? Oh deer!
How does Moses make tea? Hebrews it.
England has no kidney bank, but it does have a Liverpool.
I tried to catch some fog, but I mist.
They told me I had type-A blood, but it was a Typo.
I changed my iPod's name to Titanic. It's syncing now.
Jokes about German sausage are the wurst.
I know a guy who's addicted to brake fluid, but he says he can stop any time.
I stayed up all night to see where the sun went, and then it dawned on me.
When chemists die, they barium.
I'm reading a book about anti-gravity. I just can't put it down.

A MESSAGE?

A man goes ice fishing for the very first time. All of a sudden, he hears a voice. "There are no fish under the ice!" He ignores it and moves to another area, cuts a hole and tosses his line in. Again, he hears the booming voice: "There are no fish under the ice!" He nervously looks up and asks, "Lord? Is that You?" "No," the voice responds, "This is the rink manager!"



Free Range | Bill Whitehead





Staying Safe While Remotely Working

With more companies opting to work from home more than ever, there are many things that a company needs to consider from a cyber security standpoint. While working from home, employees will not be under the same protections that they may have had while working from the main office. Hackers will without a doubt try to target people who are working from home. This is an obvious risk as home workers could run into various malware or viruses without knowing. Therefore, it is important to understand and follow what your company's written cyber security policies are. Here we will try to give some helpful tips on what can be done to protect yourself and your company's information while working from home.

Make Sure Employees Know to Update Their Software

One of the first major things to request of your employees is to make sure that they are keeping their computers up to date. Updates and patches are critical to ensuring that your computer's software is current to combat the latest digital threats. Along with the computer's operating system, this includes anything from Anti-Viruses, Microsoft Teams, and your company's primary business software. These patches provide the latest in both security and features.

Know and Follow Company's Written Policies

Because there is such a wide range of programs available, you may be tempted to use an unauthorized application while working remotely. Be sure that you follow your company's written policies on what applications you should be using while working from home. This policy can outline what has been deemed safe to use as well as other important information such as what you should use to back up your information if it is not already being backed up automatically. If you are not aware of your company's policies, it is important to consult management to learn what policies they have in place.

Strong Authentication

Making sure that your employees have strong passwords or passphrases is only the first of many

steps to keep information secure while working from home. Adding a proven method such as two-factor authentication, can help keep employee accounts even more secure. By doing so, employees confirm their identity through the use of their email, phone or other personal devices. This step can exponentially increase the security of all the accounts.

Backup Info

Review your company's written security policy and consult with your management to ensure that your information is being backed up. If your company is not automatically backing up the information you are working on, it is important that you save your work using an external hard drive or USB thumb drive. Consistently backing up your information can make sure that you do not lose critical data in the event you find yourself in a malware attack.

Respond to Crisis

Ensure that you are aware of your company's crisis management policy to know what steps you should take during a security incident. If this happens, ***immediately*** notify management of the situation and power down your computer unless otherwise stated in policy. Do not attempt a remedy yourself, as this could make the situation worse.

Educate Yourself

Knowing what to do and when to do it can be the difference between a successful cyber-attack and keeping company information safe. It is important that you are aware that you know your company's policies and educate yourself to keep your and the company's information safe. Knowing what various scams and malicious attacks look like as well as the steps above is critical in keeping your information safe while working remotely. Doing this can mitigate the spread of a virus and the reach of something like a malware attack. For more information, go to <https://www.XLNsystems.com>.

The above views and comments are solely those of Allen Perk of XLN SYSTEMS, a software and network security company established in 1991. Allen also serves on Lt. Governor Husted's Cyber Security Advisory Board called CyberOhio - <https://cyber.ohio.gov/wps/portal/gov/cyber/home>

CLEVELAND, OHIO

On November 8, 2020, St. Joseph Society #156 held their Annual Memorial Service for deceased members. Meeting and luncheon were held on the main floor for social distancing. The deceased members were: William Bican, Barbara Cech, Antonette Cozzone, William Hronek, Georgia Jencik, Allan Klima, Gary Kondelik, Clifford Podojil, Donald Simec and Joseph Svihlik. Members of the Bican, Cech and Hronek families were in attendance.



OBITUARY: COMMON SENSE

(ESSAY BY THE LATE GEORGE CARLIN, COMEDIAN)

Today we mourn the passing of a beloved old friend, Common Sense, who has been with us for many years.

No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape. He will be remembered as having cultivated such valuable lessons as:

- Knowing when to come in out of the rain;
- Why the early bird gets the worm;
- Life isn't always fair;
- And maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you can earn) and reliable strategies (adults, not children, are in charge).

His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place. Reports of a 6-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves had failed to do in disciplining their unruly children.

It declined even further when schools were required to get parental consent to administer sun lotion or an aspirin to a student; but could not inform parents when a student became pregnant and wanted to have an abortion.

Common Sense lost the will to live as the churches became businesses; and criminals received better treatment than their victims.

Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar could sue you for assault.

Common Sense finally gave up the will to live, after a woman failed to realize that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death,

- by his parents, Truth and Trust,
- by his wife, Discretion,
- by his daughter, Responsibility,
- and by his son, Reason.

He is survived by his 5 stepbrothers;

- I Know My Rights
- I Want It Now
- Someone Else Is To Blame
- I'm A Victim
- Pay Me for Doing Nothing

Not many attended his funeral because so few realized he was gone.

CLEVELAND, OHIO

Sunday, January 10, 2021

Regular meeting beginning at 1:00 PM with installation of officers and a luncheon of jatarnice (liver sausage), kielbasa and sauerkraut. To order jatarnice to take home and/or luncheon reservations, call Jane at the Home Office at 216-341-0444.

There is no meeting in February 2021.

Sunday, March 14, 2021

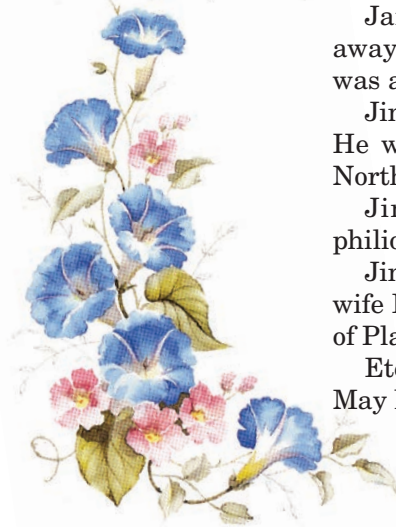
Annual Communion Brunch. Celebration of Mass at Our Lady of Lourdes Parish at 10:00 AM followed by pastries and beverages at CCU Home Office (across the street from Our Lady of Lourdes). 50-year members will be honored. Please call the Home Office at 216-341-0444 for reservations before Wednesday, March 10, 2021.

PLEASE DO NOT PARK IN CHURCH PARKING LOT. USE CCU LOT, LOT ACROSS FROM THE CHURCH OR THE STREET.

EDITOR'S NOTE: Because of Governor DeWine's mandates, please call the Home Office the week of the meeting to confirm the meeting will be held.

CEDAR RAPIDS, IOWA

With Sympathy



James A. Krauel, a member of Blessed Virgin Mary Society #119, passed away at age 78 on October 22, 2020. He was the son of Marcella Krauel, who was a former president of Society #119.

Jim had attended the St. Wenceslaus school system and Regis High School. He was a graduate of Loras college in Dubuque, Iowa and also attended Northern Illinois University in DeKalb, Illinois.

Jim was a quiet person who enjoyed classical music and the study of philosophy.

Jim was preceded in death by his parents, Marcella and Walter Krauel, his wife Lonna and two stepchildren. Jim is survived by his siblings Janann Krauel of Plano, Texas and Jerome Krauel of Montreal, Canada.

Eternal rest grant unto him O Lord and let perpetual light shine upon him. May he rest in peace!!!

SENT IN FROM A MEMBER —

For some reason my clothes seem to have shrunk since I have been quarantined. So when I ventured out to the bakery and asked the clerk "What do you have with no fat and no sugar?" she replied, "Napkins."

So I tried wine. I enjoy a glass of wine each night for its health benefits. The other glasses are for my witty comebacks and flawless dance moves.

How does the pandemic affect the rental car industry?
It Hertz.

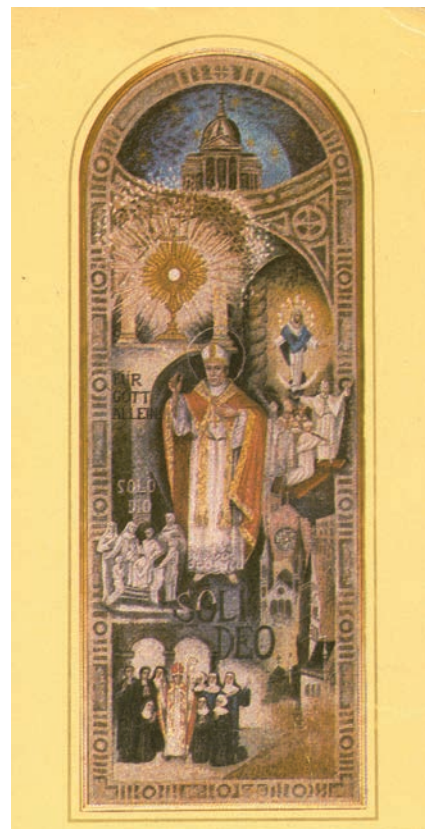
What kind of makeup should you wear during a pandemic?
Mask-ara

Locksmiths still have to do their jobs, despite the current pandemic.
They are key workers, after all.

SAINT JOHN NEUMANN

The first American saint of Czech origin and named for St. John Nepomucene, John Neumann was born on March 29, 1811 in Bohemia. He studied for the priesthood at Charles Ferdinand University. During his seminary years, he yearned to be a foreign missionary in America. He left his homeland and was ordained in New York in 1836. He spent four years in Buffalo and the surrounding area building churches and establishing schools. He moved to Pittsburgh and for eight years he served as pastor, missionary and parish priest both there and in Baltimore. He was a pioneer promoter of the parochial school system in America, building 100 churches and 80 schools. At 41, he was consecrated the fourth bishop of Philadelphia, and founded the first church in America for Italian-speaking people. He collapsed on the street on January 5, 1860, from exhaustion, and is buried beneath the high altar in Saint Peter's Church in Philadelphia.

St. John Neumann Feast day is January 5



PRAYER TO OUR LADY OF LOURDES

*O Mother of mercy, comforter of the afflicted,
you know my suffering and my needs.
Look upon me with loving kindness.*

*By appearing at the Grotto of Lourdes,
you made it a sacred place, a sanctuary of healing.
Many have been cured there, both physically and
spiritually. I come, therefore, with faith in the Lord's
healing power.*

*O Mary, please grant my
requests for healing.
Most of all, help me to
know and embrace
God's will for me.*



Feast Day is February 11

FRONT COVER

The chapel of SS. Cyril and Methodius is located in the village of Trojanovice in the Czech Republic.

Trojanovice lies beneath the Beskydy mountains of Norici, Radhost and Velky Javornik. It was established as a grazing settlement in 1748 by the Olomouc Bishop and Cardinal, Ferdinand Julius Troyer (1698-1758). The chapel itself was erected in 1898 after two years of construction.

SS. Cyril and Methodius were Byzantine brothers born in Thessalonica, Greece. Cyril was born in 825 and Methodius was born in 826. Educated by their politically powerful family for a future in government diplomacy, they instead entered God's service and began spreading Christianity among the Slavic peoples of Bulgaria, Great Moravia and Pannonia. They designed an alphabet which marked the beginning of Slavonic literature. They were the first to offer the Sacred Liturgy in a language other than Latin or Greek. Today most of the Slavic countries, including Russia, still use an extension of their alphabet. They were opposed and cruelly treated by fellow Christians and clerics with closed minds. They went to Rome for Papal approval and here in the capitol of Christianity, the Pope commended them and encouraged them. Cyril died in Rome and is buried in the Church of San Clemente. Methodius returned to his beloved Slavs for many years of labor for Christ and His Church. He is buried in Velehrad, Czech Republic. Cyril and Methodius are called "Apostles of the Slavs" and their Feastday is February 14.



Happy Valentine's Day – February 14



Friends are like fancy chocolates.
It's what's inside that counts.

People may want to take colors into consideration when buying flowers for Valentine's Day. Red symbolizes passion and romance, white symbolizes purity, pink symbolizes sweetness, grace, and elegance, yellow symbolizes friendship, and orange symbolizes desire.



Wizard of Id | Brant Park and Johnny Hart



President's Day – February 15th

“Heroism is not only in the man, but in the occasion”
— Calvin Coolidge

“Life is one grand, sweet song, so start the music”
— Ronald Reagan

“We will not waiver; will not tire, we will not falter
and we will not fail. Peace and freedom will prevail”
— George W. Bush

Many pets have called the White House home. Along with dozens of dogs and cats, there have been many other four-legged friends. John Quincy Adams' wife raised silkworms. Herbert Hoover had an opossum and Calvin Coolidge had a raccoon named Rebecca that he walked on a leash.

When Tom Hanks toured the White House in 2004, he was shocked the press room was missing a coffee machine – so he sent them one. Then in 2017, the actor sent a \$1,700 expresso machine with a note that read: “Keep up the good fight for truth, justice and the American way!”



GREAT MOMENTS IN AMERICAN CHEESE HISTORY

President Thomas Jefferson first ate macaroni and cheese on a trip to France. He loved the dish so much that he later served it at a state dinner in 1802.

For his last public party in the White House, President Andrew Jackson served his guests a 1,400 pound wheel of cheese. It was gone within two hours.



WINTER IN THE CZECH REPUBLIC



KARLSTEJN CASTLE



PRAGUE CASTLE



The Prague Castle is a castle complex in Prague, Czech Republic. Built in the 9th century, it is the official office of the President of the Czech Republic.

TOWER OF DALIBOR (DALIBORKA)

This tower at the Prague Castle is a round tower dating back to 1496. The tower served as a prison until 1781. It is named after its first inmate, Dalibor of Kozojedy.

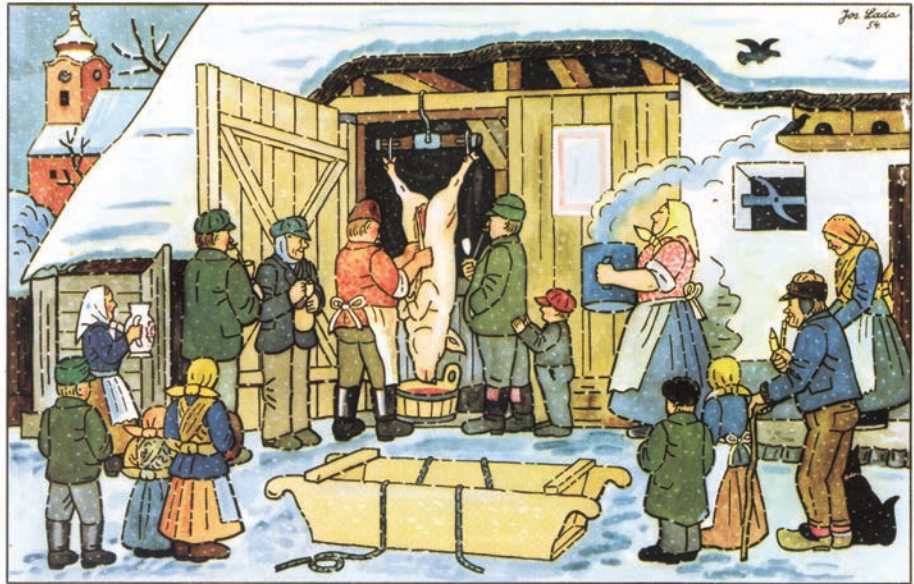


THE LEGEND OF DALIBOR (DALIBOR'S VIOLIN)

According to this legend, a man called Dalibor from Kozojedy, a small town near Litomerice, was sentenced to death and imprisoned in this tower for giving shelter to some rebellious peasants. While waiting for the fatal day, Dalibor would play his violin and his music was so beautiful that all the people of Prague were moved and enchanted and the local authorities did not dare announce the date of the execution. People knew that the generous Dalibor was dead when his violin fell forever silent.

ZABIJACKA (PIG SLAUGHTER)

Late January and early February are the meatiest months in the Czech Republic. Czech and Moravian farmers slaughter the adult pigs and prepare various meat dishes. In the old days, villagers did not have freezers for long-term storage. The tradition of slaughtering a pig was allowed only by a qualified butcher. Right after the slaughter, women started to prepare dishes trying to use all edible parts of the animal. The most popular dishes were blood and liver sausages, cracklings, meatloaf, traditional pork ham and various soups. Since they



would have a lot of meat, families treated their neighbors and relatives and would send dishes to other settlements. Thus, the winter was considered the most relevant for the longer meat preservation.

Today a pig cannot be slaughtered in front of people. This process takes place elsewhere and butchers or cooks just buy the carcass and cut it. Thus, today the pig is killed according to the most humane method.

The recipes have changed, but preserving cultural traditions, chefs still cook pork rinds, lard, pork knuckle, sausages and others.

PORK RINDS (VEPROVA KURA)

1 large piece pork skin, trimmed of excess fat (the skin portion should be at least ¼-inch thick, about 1 ½ pounds)

Lard and/or peanut oil

For the pork: Put the pork skin in a large pot and cover with water. Weigh down with a plate to keep it submerged. Bring the water to a boil and cook until the skin is soft and pliable but not falling apart and the water is white, 1 ½ to 2 hours (adding more water as needed).

Carefully remove with a slotted spoon and arrange the skin in an even layer, with no folds, on a cooling rack set over a baking sheet. Discard the cooking water. Put in the fridge, uncovered, and allow to cool until completely cold, about 2 hours.

Once the skin is cold: use a spoon to remove all fat being careful not to tear the skin. Place the scraped skin on a rack set over a baking sheet. Set the oven to its lowest possible setting 200 degrees F and dehydrate the skin overnight, until dry, brown and brittle.

To fry the pork skins: Snap the skin into small (1-inch square) pieces. Heat a deep-sided pot with about 4 inches of lard, peanut oil or a combination of the two to 385 to 400 degrees F. Fry one square at a time, prodding it until it puffs up and turns crispy, about 15 seconds. Remove to a paper-towel-lined tray and season with salt while hot. Serve immediately or let cool to room temperature.

You can also store the squares in an airtight container at room temperature for up to 2 days before frying.

CZECH TO ENGLISH

Biftek	Steak
Hovezi	Beef
Hovezi Pecene	Roast Beef
Husa	Goose
Kachna	Duck
Krocen	Turkey
Kure	Chicken
Parky	Sausages
Ryba	Fish
Sunka	Ham
Teleci	Veal
Veprova	Roast Pork
Brambory	Potatoes
Chleb	Bread
Fazole	Beans
Kysele Zeli	Sauerkraut
Maslo	Butter
Pecivo	Biscuits
Polevka	Soup
Ryze	Rice
Salat	Salad
Zelenina	Vegetables
Zmrzlina	Ice Cream

DOMINIK HASEK



Born on January 29, 1965 in Pardubice, Czech Republic, Dominik is a former ice hockey goaltender. Regarded as one of the greatest goaltenders of all time, he played for the Chicago Blackhawks, Buffalo Sabers, Detroit Red Wings and the Ottawa Senators in his 16-season National Hockey League career.

JAROMIR JAGR



Jaromir was born on February 15, 1972 in Kladno, Czech Republic. He is a Czech professional ice hockey right winger for the Kladno Knights in the Czech Republic. At age 17, he became the youngest member of the Czechoslovakia National Team. He has previously played in the National Hockey League for various teams.

CZECH CATHOLIC UNION HIGH SCHOOL GRANT

At the Executive Committee meeting held in November 2014, the officers and directors of the Czech Catholic Union voted to establish a Renewable Grant of **\$300.00** to members who will be enrolled in the 9th grade of a CATHOLIC HIGH SCHOOL or are already attending a CATHOLIC HIGH SCHOOL during the 2021-2022 academic year. The grant will be payable directly to the school and credited to the student's tuition.

To be eligible for this award the student must be a member of the Czech Catholic Union for three years, having one of the following plans: Whole Life – 20, 10, 5 Year Payment Life – Single Premium Whole Life – Youth Savings Plan with a **\$5,000.00** amount of insurance as minimum.

PLEASE COMPLETE AND SUBMIT THE FOLLOWING APPLICATION TO THE CZECH CATHOLIC UNION HOME OFFICE BY **JUNE 1, 2021**. NO LATE APPLICATIONS ACCEPTED. **MUST BE SUBMITTED EVERY YEAR.**

Date: _____ Society No.: _____ Policy No.: _____
Name: _____ Social Security No.: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Email: _____ Phone No.: _____
Catholic High School Name: _____
School Address: _____
City: _____ State: _____ Zip Code: _____
School Phone No.: _____ School Website: _____
Grade Level for Upcoming School Year: _____
Please mail this application to: Czech Catholic Union Email: insurance@czechccu.org
5349 Dolloff Road website: www.czechccu.org
Cleveland, Ohio 44127

CZECH CATHOLIC UNION COLLEGE GRANT

At the Executive Committee meeting held in November 2014, the officers and directors of the Czech Catholic Union voted to establish a Renewable Grant of **\$500.00** to members who will be enrolled in a CATHOLIC COLLEGE or are already attending a CATHOLIC COLLEGE during the 2021-2022 academic year. The Grant will be payable directly to the parent of the applicant.

To be eligible for this award the student must be a member of the Czech Catholic Union for three years, having one of the following plans: Whole Life – 20, 10, 5 Year Payment Life – Single Premium Whole Life – Youth Savings Plan with a **\$5,000.00** amount of insurance as minimum.

PLEASE COMPLETE AND SUBMIT THE FOLLOWING APPLICATION TO THE CZECH CATHOLIC UNION HOME OFFICE BY **JUNE 1, 2021**. NO LATE APPLICATIONS ACCEPTED. **MUST BE SUBMITTED EVERY YEAR.**

Date: _____ Society No.: _____ Policy No.: _____
Name: _____ Social Security No.: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Email: _____ Phone No.: _____
Catholic College Name: _____
School Address: _____
City: _____ State: _____ Zip Code: _____
School Phone No.: _____ School Website: _____
Grade Level for Upcoming School Year: _____
Please mail this application to: Czech Catholic Union Email: insurance@czechccu.org
5349 Dolloff Road website: www.czechccu.org
Cleveland, Ohio 44127



Notice To Members

A Mass for Deceased members of the Czech Catholic Union is offered periodically at Our Lady of Lourdes Church in Cleveland, Ohio.

A Helpful Prayer

When your best friend is God.

you're never alone.

Every minute of every day.

He is by your side,

helping you find your way.

wanting good things for you.

When your best friend is God.

you're truly understood.

He knows you better than you know yourself—

your strengths, your weaknesses,

all your beautiful possibilities.

wanting good things for you.

When your best friend is God.

you're loved with a love

that can lift you

above anything you face in life,

a love unlike any other.

You can hope without end

when your best friend is God.

PAYMENTS OF MORTUARY DEATH CLAIMS

The Czech Catholic Union extends its sincerest sympathies to the bereaved families of the following deceased members:

Name	Location	Soc. Name	No.	Date of Issue	Date of Death	Age
Jean Tepley	Cleveland, OH	St. Elizabeth	10	03-01-1965	08-28-2020	85
Antonette Cozzone	Cleveland, OH	St. Joseph	156	06-01-1993	05-27-2020	85
Antonette Cozzone had six insurance certificates						
Donald Simec	Cleveland, OH	St. Joseph	156	03-01-1947	07-07-2020	91
Joseph E. Griessler	Cicero, IL	Our Lady of the Mount	143	12-01-2008	09-28-2020	86
Jacquelyn Pargulski	Chicago, IL	St. Ann	117	02-01-1947	10-15-2020	83
Amanda Nypaver	Cleveland, OH	St. Joseph	156	02-01-1986	09-03-2020	36
Lawrence Saflover	Chicago, IL	St. Ann	18	07-01-1990	10-15-2020	72
James Krauel	Cedar Rapids, IA	Blesed Virgin Mary	119	08-01-1994	10-22-2020	78

TOTAL DEATH CLAIMS PAID 2020 \$137,108.00