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CELEBRATE!

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President's Message

Dear Family & Members of CCU Life,

Wow, we are already half way through 2021. We have submitted our first quarterly filing for 2021 with some very positive results.

As reported in the last issue of the Posel our insurance sales had a great start. With that said, to assist with the 2021 insurance sales there is a new promotion that was mailed or emailed to our members in late May. Please take the time to review this offer.

On April 17th CCU joined in on the Czech Cultural Garden spring clean-up. Thank you to all of our volunteers and if you weren't able to join us this time, maybe next year. Photos are in this issue of the Posel.

Check out our radio advertisement on the 'The New Czech Voice of Cleveland', which airs every Sunday from 3:00pm – 4:00pm on AM 1220. You may be pleasantly surprised to what our ad has to say!!!

Please continue promoting the CCU to any family members and friends. All are welcome!!!

Have a safe & fun summer!!!

Fraternally,
Theresa Aveni
President



Since the inception of the internet, there have been people who have made it their mission to steal money, data, identities, or any other form of valuable asset that can be accessed remotely via this miracle of technology. The problem is, the internet wasn't designed to be secure, and in fact is rather vulnerable to cyber thieves by its very nature (it was designed to share information, not protect it). And so, the challenge for people all over the world has been how to maximize the immense potential of the internet's capability to stay connected, while still keeping personal assets protected in an inherently insecure format. Thus, cybersecurity was born!

Cybersecurity has changed dramatically over the years in response to the newest technologies and threats. It is no longer just about passwords and firewalls. For every new innovation was a new way to circumvent it, and new opportunities for criminals to access data. As technology became more robust and complex, the cyber pirates became more creative and determined. Cybersecurity professionals had to be able to recognize deficiencies in defense measures, anticipate the cyber criminal's attack methods, and design new ways to shore up the walls of protection around the most sensitive digital resources. But this race may never end. Technology continues to advance, and both sides continue to try to gain the upper hand using the latest and greatest technical wizardry.

Today, the race has become even more intense. New guidelines and "best practices" have given people an array of new arrows in their quiver to defend against all kinds of cyber threats. Organizations like the Center for Internet Security (CIS) and the National Institute of Standards and Technology (NIST) have provided roadmaps for savvy cyber-defenders to prepare their systems (IT and non-IT) to battle the latest threats. There are a variety of Federal guidelines that are specific to individual industries, and many more that cover broad areas of concern across a variety of technological landscapes. Many states have even instituted legislation to provide protections for companies who adhere to the strictest guidelines, giving them an Affirmative Defense in the event of a cyber breach.

But what about an individual in their home who doesn't have IT expertise? There is a lot that you can do to insulate your computer and home system against cyber threats as well! First, ensure the use of Pass Phrases instead of pass words on your home WiFi network. Pass Phrases are longer and more complex, and are more difficult to break. Next, never click on a link or open a file in an email unless it is coming from a source you know. It is very easy for cyber criminals to mimic emails from retailers and other "reputable" entities. If you aren't 100% sure of the origin of the email, do not open anything from it! Finally, never give out personal information via text or email, regardless of who they claim to be. Organizations like the IRS and other legit agencies will never ask for personal information via text or email. Keeping these simple things in mind will prevent a large number of the common threats from infecting your home systems!

Cybersecurity is everchanging. Every new technological advance comes with both exciting promises, and the threat of new deficiencies and vulnerabilities. Don't wait until you become a victim to find out where you are vulnerable. Learn to recognize the signs of phishing scams and ransomware attacks, and be ready to make the right moves when they happen.

Jim Schirtzinger is the Director of Technology Resources for XLN SYSTEMS, and has been with the company since 2019. XLN SYSTEMS is based in Columbus, Ohio, and is a provider of Cybersecurity Assessments for companies of all sizes and in all verticals and industries. Founded in 1991, our company was built on a foundation of honesty and transparency. We care about doing things the right way, and we take pride in solving problems ethically. Contact us today to find out more about how we can help your company become cyber compliant. <https://www.XLNsystems.com/>

LIFE INSURANCE PROMO 2021

As a **VALUED LONG TIME MEMBER** of CCU Life, we are offering you a special to obtain additional life insurance.

Starting June 1st, you can purchase a \$5,000 5 Pay Whole Life Insurance Policy with a discount. Members will receive a *75% discount on the first-year premium*.

We ask you, our member, to reach out to family and friends about this opportunity to take advantage of our promo. Our **NON-MEMBERS** would catch a break in the first year by receiving a **50% discount on the first-year premium**.

Rates are for a \$5,000 face amount of coverage. Higher face amounts are available upon request.

Highlights of this 5 Pay Whole Life Plan are as follows:

- Permanent Life Insurance - Cash value builds up immediately
- Fully Paid Up After 5 Years
- Participating Plan — Dividends after 2 years in force
- Grants available for High School, College and Graduate Students
- Life Time of Security

For more information and/or clarification please contact the Home Office during normal business hours at (216) 341-0444 or by email insurance@czechccu.org

“Offer runs through December 31, 2021.”

The Value of a Smile

A smile creates happiness in the home, fosters good will in business — and is the countersign of friends.

It is rest to the weary, daylight to the discouraged, sunshine to the sad, and Nature's best antidote for trouble.

Yet it cannot be bought, begged, borrowed or stolen, for it is something that is no earthly good to anybody until it is given away.

And if someone is too tired to give you a smile, just give him one of yours anyway. For nobody needs a smile as much as those who have none left to give.

—*Author unknown*

Note: The smiley face has become part of popular culture since the 1950s.



GIN AND TONIC

The ultimate summer drink, the gin and tonic, first became popular in 19th-century India—as a malaria cure. Quinine, a bitter herb that prevents the disease, was part of the carbonated tonic water patented in 1858, and British colonists soon concocted the G&T as a way to take their daily medicine. Winston Churchill himself once said, “The gin and tonic drink has saved more Englishmen’s lives, and minds, than all the doctors in the Empire.”



SUMMER FOODS

Apple pie is so popular in the U.S. that we say, "As American as apple pie." Apple pie was probably invented in England. When the Pilgrims came to America, they brought apple seeds and recipes with them.



Ice cream was made nearly 2,000 years ago. Runners brought snow from the mountains to Roman Emperor Nero. He flavored it with honey and juices. In the late 1200s Italian explorer, Marco Polo, brought a sherbet recipe home from Asia. Sherbet is made with ice and milk.



Americans eat about 20 billion hot dogs every year. No one really knows who invented the hot dog. Experts believe that German immigrants brought sausage-making recipes to America in the late 1800s. Some German

immigrants also brought over their long dachshund dogs. A sausage served in a bun was called a "dachshund sausage" or "little-dog sausage." College students started calling them "hot dogs."



Watermelon was first grown in Africa thousands of years ago. European colonists brought watermelons to America.



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Note: Christina is the legal counsel for the Czech Catholic Union and has graciously offered to extend a 10% discount to any of our members who mention this article.

TRAVELER'S PRAYER

Be with us, O Lord, who ask your aid. Take care of us, your children, on our journey and keep us safe. Protect us always by your help on all the roads of life. Through your Son, our Lord Jesus Christ, we ask thig grace. Amen.



**The Executive Committee of CCU Life/
 Czech Catholic Union Wishes our Entire
 Membership A Great Summer Filled
 with Much Fun and Excitement!
 Enjoy!**

DOG DAYS OF SUMMER

These days are named for the rising of the Dog Star, Sirius. The Dog Days are the 40 days beginning on July 3rd and ending August 11th, which coincide with the dawn rising of Sirius, the Dog Star. This is soon after the summer solstice, which of course also indicates that heat will soon set in. Sirius is the brightest star in the sky, if you don't count the Sun. Under the right conditions, you can see Sirius with the naked eye during the day. Sirius is one star in a group of stars that form the constellation Canis Major, meaning "Greater Dog", thus the name Dog Star.



DOG DAYS ICED TEA

A hot summer day is the best time to whip up a refreshing pitcher of Dog Days Iced Tea.

INGREDIENTS

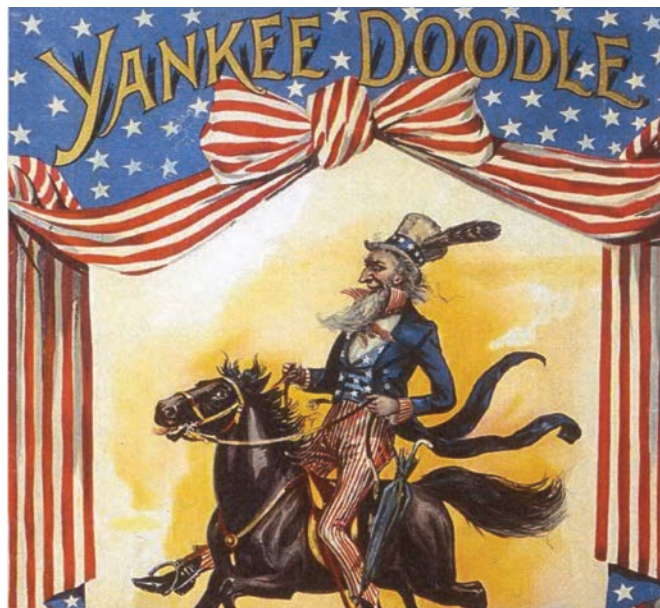
7 bags black tea (English, Earl Grey, etc.)
2 tablespoons granulated sugar
1/2 cup mint leaves and sprigs, divided
2 cups chilled orange juice
1 orange, sliced crosswise 1 lemon, sliced crosswise
ice cubes

INSTRUCTIONS

Brew a strong tea in about 10 cups of water. While still hot, add sugar and about a dozen mint leaves. Let cool.
Remove tea bags and mint; then add orange juice, fruit slices, and ice.
Serve over more ice, garnish with fresh mint sprigs, and add a fruit slice or two to each glass.
YIELD: Makes 8 to 10 servings.

YANKEE DOODLE

Back in the 1760s, macaroni was slang for the stylish young men who frequented a fashionable new English hangout, the Macaroni Club, named after a popular food that had just made its way there from Italy. So when Yankee Doodle stuck a feather in his cap and called it macaroni, he was identifying himself as a bit of a dandy—essentially the hipster of his time.



The song, Yankee Doodle, has been around since before the American Revolution. It is the state anthem of Connecticut.

Yankee Doodle went to town
Riding on a pony.
Stuck a feather in his cap
And called it macaroni.
Yankee Doodle keep it up.
Yankee Doodle dandy.
Mind the music and the step
And with the girls be handy.



IF YOU FIND MISTAKES IN THIS
PUBLICATION, PLEASE CONSIDER
THAT THEY ARE THERE FOR A
PURPOSE. WE PUBLISH SOMETHING
FOR EVERYONE, AND SOME PEOPLE ARE
ALWAYS LOOKING FOR MISTAKES!!!



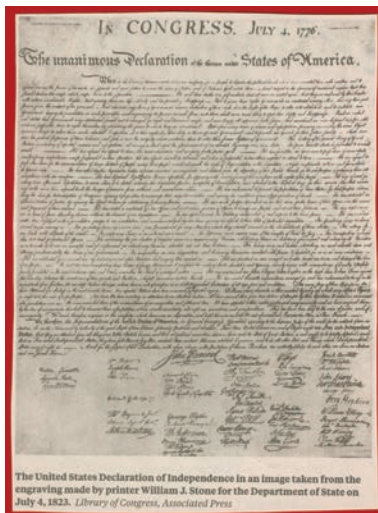
July 4th is perhaps the most American of our holidays, a celebration of our Founding Fathers' boldness and bravery in Philadelphia, 1776 when they unanimously adopted the Declaration of Independence. This document presented the best case ever made for humanity's rights to life, liberty and the pursuit of happiness. It is our nation's birth certificate.

John Adams, the second president of the United States, told the people to mark

Independence Day with "Pomp and Parade, with Shows, Games, Sports, Guns, Bells, Bonfires and Illuminations." As a nation, we have been doing it that way since 1777.



INDEPENDENCE HALL



The United States Declaration of Independence in an image taken from the engraving made by printer William J. Stone for the Department of State on July 4, 1823. *Library of Congress, Associated Press.*



Independence Hall in Philadelphia is called the birthplace of our country. This building was built between 1732 and 1751. This site is a National Historical Park managed by the National Park Service.

The Assembly Room located in Independence Hall is where the Declaration of Independence (adopted in 1776) and the Constitution (adopted 1787) were both signed.

NATIONAL ICE CREAM MONTH

National Ice Cream month is celebrated in July. Americans indulge in ice cream more than any other nation in the world, averaging 48 pints per person, per year. National Ice Cream Day in 2021 is Sunday, July 18th.

FRIED ICE CREAM

1 quart Vanilla Ice Cream
5 cups Crushed Corn Flakes
1 cup Flaked Coconut
1 Tablespoon Cinnamon
2 whole Eggs
1 Tablespoon Milk
2 quarts Oil For Deep Frying



Make five half-cup scoops of ice cream. Place on baking sheet lined with waxed paper. Place in freezer for at least one hour. In a bowl, mix crushed corn flakes, coconut and cinnamon. Stir together and set aside. In another bowl, beat eggs and milk together and set aside. Remove ice cream from freezer. Roll and press corn flake mixture around the scoops of ice cream (like packing a snowball). Roll ice cream balls into the egg mixture, then back into corn flake mixture. Place all back on baking sheet and return to freezer for one hour so ice cream is very hard. Heat oil in heavy pot until temperature reaches 365 degrees F. Remove ice cream balls from freezer and carefully drop into the hot oil. Deep fry for only 20-30 seconds. Remove and drain on paper towel. Serve immediately with favorite topping (honey, strawberries, chocolate syrup, marshmallow). Makes 5 servings.

ASSUMPTION OF THE VIRGIN MARY – AUGUST 15



Almighty and everlasting God, You have taken up body and soul into the heavenly glory the Immaculate Virgin Mary, Mother of Your Son. Grant we beseech You, that ever intent upon heavenly things, we maybe worthy to be partakers of her glory.

Through Jesus Christ Your Son, our Lord, who lives and reigns with You and the Holy Spirit, One God, forever and ever.

Amen.

ST. JOACHIM AND ST. ANNE



St. John of Damascus, who lived in the 8th century, wrote this about St. Anne:

Anne, blessed above all others, we too, bring our reverence, for you have given birth to the girl from whom He will come. Who is the basis of all our hope. Blessed, indeed, above all others, and blessed in your offspring! The tongues of all believers sing the praises of your child. Every voice is raised in joy at her birth. How worthy Anne is of praise, most worthy, for she received the message of God's goodness, and brought forth such fruit that from it would come our Lord, Jesus.

FEAST DAY IS JULY 26TH

ROZHUDA

1 (8 oz.) pkg. cream cheese, softened
1/2 stick butter or margarine
1/2 tsp powdered beef bouillon or Accent
5-6 green onions, chopped fine
1 tsp. sweet paprika
2 tsp. dry marjoram
Fresh chives, or dill or both, chopped
1 piece of ham, diced, amount according to taste
Pinch of salt, and pepper
Combine softened cheese and butter well. Mix in bouillon, paprika, marjoram and other herbs used. Mix in onions and meat. Add salt and pepper. Serve on rye bread.



KMINKA

1/2 c. sugar
1 c. vodka
1 c. water
1 tsp. caraway seed
Brown sugar in skillet, stirring constantly to prevent scorching. When it turns dark brown, add remaining ingredients. Set aside, allowing caraway seed to flavor the liquid.
Makes one pint.
Note: The “min” is pronounced like “mean” and “kminka” is the Czech word for caraway seed.

.....

ST. PROCOPIUS (PROKOP)

FEAST DAY IS JULY 4TH



A new supermarket opened nearby. It has an automatic water mister to keep vegetables fresh. Just before it goes on, you hear the sound of distant thunder and the smell of fresh rain. When you pass the milk case, you hear the cows mooing and you smell the scent of fresh mown hay. In the meat department there is the aroma of charcoaled grilled steaks and onions. When you approach the egg case, you hear the cluck and cackle of chickens and the smell of eggs and bacon. You are greeted in the bakery with the smell of fresh baked bread and cookies. I don't buy toilet paper there anymore.

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EDITOR'S NOTE: In looking through past Posels, I noticed I had SS. Cyril and Methodius feast day as both February 14th and July 5th. My apologies for the discrepancy. I want to set the record straight. SS. Cyril and Methodius's national holiday in the Czech Republic is July 5th.
The Catholic feast day is February 14th.

In Appreciation

9/11 Memorial & Museum, New York, NY — “On behalf of the National September 11 Memorial & Museum, please accept my sincere thanks for your recent donation. With significantly reduced Museum admissions to cover operational costs, this sacred site can only continue to operate through the generous support of donors like you. Your gift ensures that our essential work and vital mission can continue today and endure in the future. Now more than ever, it is vital that we preserve this history and deliver our timely message of renewal and hope. Ours is a sacred mission of remembrance. Thank you for helping us to “Always Remember...Never Forget.”

Sincerely, Josh Cherwin, Chief Advancement Officer

Czechoslovak Genealogical Society International, St. Paul, MN — “I would like to thank you for your support to grow our 2021 Virtual Conference into something very special. Your assistance is greatly appreciated.”

Sincerely, Paul Makowsky, Conference Chair

Misericordia, Chicago, IL — “On behalf of all those entrusted to our care, thank you for your generous donation to support the work of Misericordia. Because of you, our family and friends, we are blessed with confidence to move toward our future. We are so blessed at Misericordia because our children and adults are truly gifted people. Thank you and may God bless you.”

Sincerely, Sr. Rosemary Connelly, RSM, Executive Director

St. Ann Society #18, Chicago, IL — “The beautiful 50-year pin sent to me was a heartwarming surprise and I thank you very much! My grandmother Marie Kroc Rihacek (1877-1949), my mother Victoria Rose Rihacek Senchak (1898-1984), my sister Marjorie Senchak Maly (1924-2009) and my sister Joan Marie Senchak (1927-1957) all belonged to St. Ann #18, once called St. Helen’s #52. There were many other relatives also, but too numerous to mention. Wonderful memories! My mother Victoria held an office during the 1940s. I have her 50-year pin also. Thanks so much for your caring. God bless all of you at CCU.”

Rosemary Graham



Cleveland, Ohio

On April 17, 2021, a group of CCU Life/Czech Catholic Union members showed up at the Czech Cultural Garden located in Cleveland, Ohio to clean up the garden. The weather was very cooperative, not too hot and no rain. It was a fun time!!!

A big thank you to our members that showed up to work!!!



Cedar Rapids, Iowa

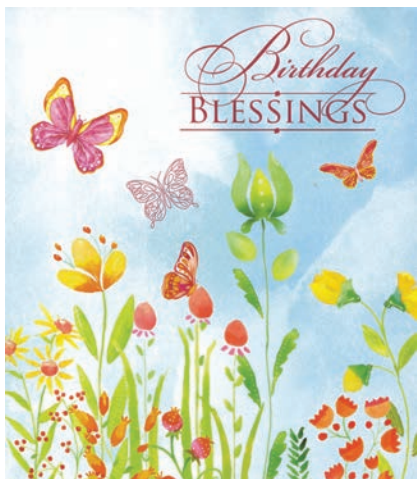
Norman Sasek, husband of Karen Sasek, passed away in May. His wife, Karen, is the Treasurer for St. Mary's Society #119. Graveside services were held on May 11th by Father Mark Murphy of St. Jude's Parish at St. John's Cemetery. Norman and Karen were married fifty-eight years. Besides Karen, Norman is survived by three children; Susan Sasek, Maria Cook and Norbert Sasek; nine grandchildren; three great-grandchildren and three brothers. Karen has been a delegate at the Czech Catholic Union conventions over the years.

Eternal rest be granted to him and fond memories for Karen!!!

St. Wenceslaus Church held Holy Week services after the repairs and redecorating of the church after the damage done in August by the inland hurricane that impacted Iowa and other states. St. Wenceslaus was one of three area churches that reopened for Holy Week services after the damage that was done to their edifices.

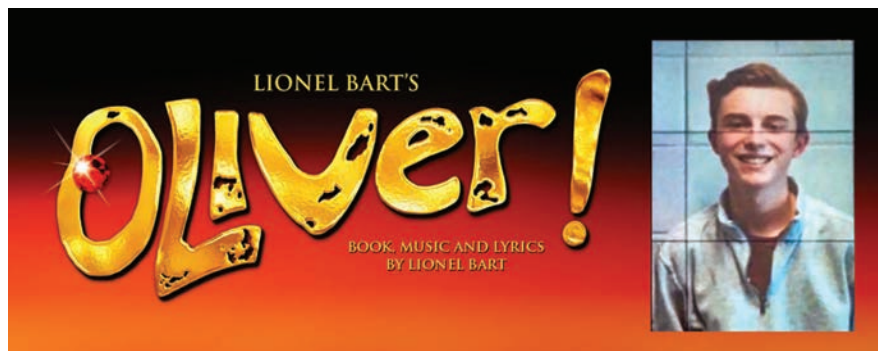
Joan Sebetka

Cleveland, Ohio



Belated birthday wishes are sent to St. Elizabeth Society #10 member, Bob Svoboda, who celebrated his 105th birthday on April 10th. Hope you had a great day!

Owen Lipstreu, member of St. Joseph Society #156 in Cleveland, Ohio, culminated his sophomore year Revere High School in Richfield, Ohio as the Magistrate in Charles Dickens' play, "Oliver Twist". Owen is the son of Leanne and Mark Lipstreu, grandson of Audrey and Bill Schmidt and great-grandson of Elsie and Fred Malec.



Evan Lipstreu plays for the Revere Minutemen 10u travel team. This is his 3rd year with the Minutemen. Evan pitches and plays first and third base. He has compiled a .330 batting average and a 3.71 ERA this season. The team has been a finalist in the Bay Village Independence Day tournament and were champions in the Silver Bracket of the Fastballs and Fireworks Memorial Day Tournament. Evan, a member of St. Joseph Society 156, is the son of Mark and Leanne Lipstreu, grandson of Audrey and Bill Schmidt and great-grandson of Elsie and Fred Malec.



Congratulations to Grayson Koch on making his First Holy Communion at St. Hilary Church in Fairlawn, Ohio. Grayson is the son of Molly and Kurt Koch, grandson of Audrey and Bill Schmidt and great-grandson of Elsie and Fred Malec. Grayson's entire family are members of St. Joseph Society #156 in Cleveland, Ohio.



Cleveland, Ohio

St. Joseph Society #156 has not had their Communion Breakfast the last two years.

2020 50 Year Members!

Society #	Name				
		119	Denise Blake	143	George Seffler
1	Mark Bauza	126	Geralyn O'Dette	143	John Seffler
7	Wenceslaus Kveton	143	Margaret Gonwa	156	Mark Blum
7	Connie Wolf	143	Anthony Jandacek Jr.	156	Martin Blum
10	Loretta Jagoda	143	Earlene Marsik	156	Steven Henderson
10	George Wisniewski	143	Claudia Moudry	156	Michael Perk
18	Karen Kinley	143	Laura Schmit	156	Pamela Prospal
117	Leigh Franklin	143	Robert Schmit		

2021 50 Year Members!

Society #	Name				
		46	Kimberly Antill	143	Linda Mikulan-Maxfield
3	Cheryl Bartelt	46	Theodore Kessler	143	Jon Vacko
3	James Brade	101	Niki Papp	143	Michael Vacko
3	Linda Brade	101	Bernard Zelenskaskas	156	Laurie Gajda
3	Susan Soukup	117	Jeanne Danko	156	Megan Hoelter
7	John Kveton	117	Thomas Holecek	156	Dana Hokr
7	Barbara Sinn	117	Todd Jagiello	156	Georgeann Horvat (Svehla)
10	Timothy Fitch	117	Peter Nevsimal	156	Linda Hronek
10	John Triska Jr.	119	Jeanne Brincks	156	Frank Kucera
18	Jeanne Cooper	119	Jamie Olver	156	Miroslava Kucera
18	Rosemary Graham	119	Julie Vlasek	156	Toni Wesen
18	Robert Saflover	143	Gaylene Jaros		

JOSEF JUNGSMANN



Josef Jungmann was born on July 16, 1773 in Hudlice, Czech Republic. He was a Czech poet, linguist and a leading figure of the Czech National Revival. He is considered to be one of the creators of the modern Czech language.

As a young boy, Josef wanted to become a priest, however after grammar school, he went on to study Philosophy and Law. He taught high school, then later moved to Prague and worked as a Czech professor. In 1805 Josef published a translation of Chateaubriand's "Atala", proving the Czech language was suitable for artistic texts. In following years,

he published a series of texts, most notably the "Talks on Czech Language". In 1825, he published a "History of Czech Literature".

His most important work is the Czech-German dictionary in five volumes (1834-1839). In this dictionary, he laid out the basis for the modern Czech vocabulary.

Josef Jungmann passed away on November 14, 1847 in Prague. Jungmannova Street and Jungmannovo Namesti (Jungmann's Square) in Prague are named after Josef. The square contains his statue.



NATIONAL PARKS

There are four national parks in the Czech Republic. Two were shown in the last Posel (March-April). The last two are below.

Krkonoše Mountains National Park is a national park in the Liberec and Hradec Králové regions of the Czech Republic. It lies in the Krkonoše Mountains, which is the highest mountain range in the Czech Republic. It borders Karkonosze National Park in Poland.



The Sumava National Park, or Bohemian Forest National Park, is located in the South Bohemian regions of the Czech Republic, along the border with Germany and Austria. It protects a little-inhabited area of the Sumava mountain range.

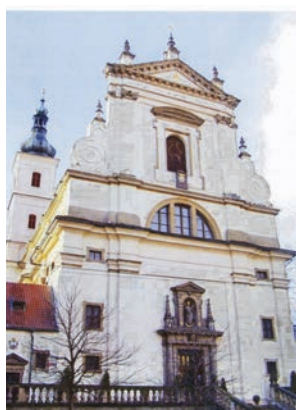


EMIL HACHA



Emil Dominik Josef Hacha was born on July 12, 1872 in the South Bohemian town of Trhove Sviny. As a Czech lawyer, Emil worked for the Country Committee of the Kingdom of Bohemia in Prague. Shortly after the start of World War I, he became a judge at the Supreme Administrative Court in Vienna. In 1918 he became a judge and in 1919 Emil became Deputy President of this Court. Emil became one of the most notable lawyers in the Czech Republic, as a specialist in English common law and international law. He was also a translator of English literature, most notably “Three Men in a Boat”, an art collector and a poet. His book “Omyly a preludy” (Errors and Delusions) was published in 1939 anonymously, then later under his own name in 2001. Emil Hacha died on June 27, 1945.

CHURCH OF THE VIRGIN MARY THE VICTORIOUS (KOSTEL PANNY MARIE VITEZNE)



This church is located in Mala Strana, Prague.



The Infant of Prague statue has been housed in this church since 1628. The prayer to the Infant of Prague is recited after every mass at St. John Nepomuk Church in St. Louis, Missouri. (Article on this church is in May-June 2021 Posel).

Prayer to the Infant of Prague

O sweet Jesus Child, to Thee I surrender
My soul and my all — through thy Mother most tender.
The fruits of my labors, I give all to Thee
Beseeching Thee humbly: Live, sweet Lord, in me!
Miraculous Infant, to Thee do I cleave; In Thy powerful
aid I firmly believe.
All my hope, all my trust is founded on Thee,
That the might of Thy grace may ever help me.
My sins I confess and each one deplore,
In love let me rest in Thy pure Heart once more.
Mighty King, perseverance bestow on Thy child;
Do shield me and keep me Thine own-undefiled.
If Thou wilt but grant me the grace to amend-
Though I am weak, Thou art strong: I will never offend.
Thy victim of love, I desire to be,
And out of pure love to suffer for Thee-
And sweet little Jesus, because I am Thine
With my friends and my foes, I share all that is mine.
My worries I cast on Thy strong, loving Heart.
O DEIGN IN THY MERCY THIS FAVOR IMPART!
And humbly I pray Thee — O ne'er more depart,
That with Thee and with Mary and Joseph I'll be
Sharing joys that will last through Eternity.
Amen.

HAVE YOU CHANGED YOUR ADDRESS?

Name _____

Old Address _____ State _____ Zip _____

New Address _____ State _____ Zip _____

Society No. _____

Mail to CZECH CATHOLIC UNION / CCU Life
5349 Dolloff Road, Cleveland, Ohio 44127
Or email: insurance@czechccu.org

CCU LIFE - ANNUITY/IRA

Annuity Rates are set at 3% for members and 1.5% for non-members on new business with a guarantee of 1%, 2 year contract. Interest rates are reviewed quarterly and subject to change. Contact the Home Office for additional information on our Annuity and IRA products available.

CHARLES UNIVERSITY

The Charles University is the oldest and largest university in Prague, Czech Republic. Founded in 1348, it is the oldest university in Eastern Europe and one of the oldest in the world in continuous operation. Today the university consists of 17 faculties located in Prague, Hradec Kralove and Pilsen.



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“Logic will get you from A to B. Imagination will take you everywhere.”

Albert Einstein

“Success is one-half attitude, one-half gratitude and one-half knowing fractions.”

Unknown

MACHA'S LAKE



This lake is the deepest lake in the Czech Republic. Located in beautiful woods in the northern part of the Czech Republic, it is considered a lake, but actually is a pond. The lake covers an area of approximately 687 acres, with four beaches.

BLACK LAKE



This lake is the largest glacier lake in the Czech Republic, located in the Bohemian Forest near the village of Zelezná Ruda. It is called Black Lake because the water reflects the dark colors of the forest surrounding it.

CZECH MUSICIANS



These sculptures are located in Senovazne Square, in Prague. The four bronze figures are dancing around a fountain. All are blindfolded, playing a different instrument. They represent four major rivers of the world: the Ganges (flows through Budapest and India), the Amazon (flows through Brazil, Columbia and Peru), the Danube (flows through central and southeastern Europe) and the Mississippi.

THE STATUE OF FRANZ KAFKA



This statue is located in the Jewish Quarter in Prague. The statue is a mini Franz Kafka riding on the shoulders of a giant, empty suit. Franz Kafka is a German-speaking Bohemian Jewish writer born on July 3, 1883 near the Old Town Square in Prague. Kafka suffered from clinical depression and social anxiety his whole life. The image was inspired by Kafka's short story, 'Description of a Struggle' (1912).

MAN HANGING OUT



This sculpture is located in Prague's Old Town. It represents the psychoanalyst, Sigmund Freud, hanging by one hand on the top of a building, pondering whether to hold on or to let go. Freud was born in the Moravian town of Freiberg, in the Austrian Empire, now known as Pribor, Czech Republic. Sigmund Freud suffered from a number of phobias, including the fear of his own death.



TO ALL OUR STUDENTS
– BEST OF LUCK IN THE
2021-2022 SCHOOL YEAR!



KOLACHES

These are a wonderful tasting dessert and served often at weddings, showers and dinners.

PRAGUE KOLACKY

2 cakes fresh yeast
1/4 cup lukewarm water
2 cups scalded milk
3/4 cup sugar
2/3 cup melted butter or lard
2 egg yolks
2 tsp. salt
6 cups flour (about)

Dissolve yeast in lukewarm water in large mixing bowl. Mix all ingredients together and beat well. Let rise until light. Make into balls, place on greased pans about an inch apart and let rise until light. Push down centers and fill with desired filling. Grease tops. Let rise until very light and bake in 350 degree oven for 12 to 15 minutes. Remove from oven and grease tops. Makes about 5 dozen. Dough may be made into rolls also.



Apricot Filling

1 (10 oz.) pkg. dried apricots
1 1/2 cups sugar

Place apricots in a saucepan and add water to cover. Cook slowly until fruit is soft and water has been cooked out. Take care not to overcook, as this darkens fruit. When Done, add sugar and mash arid mix until well blend.

Crushed Pineapple Filling

1 cup crushed pineapple
1 T. cornstarch
6 T. sugar
1 T vanilla
1 1/2 T. lemon juice

Boil crushed pineapple, cornstarch and sugar until thick and clear. Add lemon juice and butter.

Poppyseed Filling

1 lb. poppyseed, ground
2 T. butter
2 cups milk
1 cup sugar
2 T. dark syrup or honey
Cook over low heat for 1/2 hour.
Stir frequently to avoid burning.

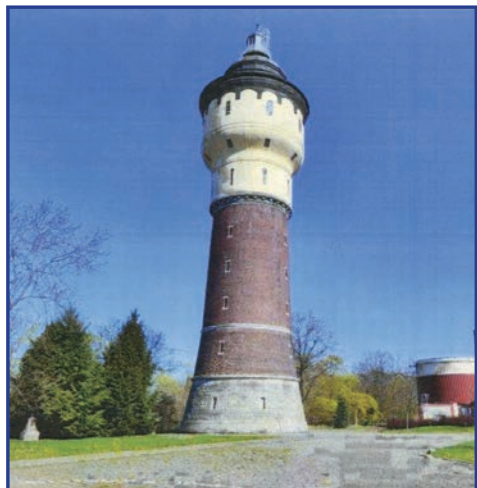
Prune Filling

1/2 lb. pitted prunes
1/2 cup sugar
1 tsp. vanilla
Dash of cinnamon (optional) Cook prunes until tender. Add sugar and cook until sugar is dissolved. Add vanilla and cinnamon.

Cottage Cheese Filling

1 pkg. dry Cottage cheese
1 (8 oz.) pkg. cream cheese
1 egg yolk
1/2 cup sugar
1/2 tsp. lemon extract or grated ring from
1 Lemon
Salt
Combine all ingrediants and mix until blended. If cheese filling is too moist, add 10 to 12 very finely rolled saltine crackers to absorb the excess liquid. If using country-style cottage cheese, cream cheese may be omitted.

PLZEN LIGHTHOUSE



This lighthouse is located in the city of Plzen in western Bohemia, Czech Republic. The tower is approximately 165 feet tall. The lighthouse provided the water for beer production in the past. Construction took place between 1901-1907. The tower is currently closed.

SECRET TO HAPPINESS

This is no mystery. All it takes is the ability to do the following:

Forget.
Apologize.
Admit errors.
Avoid mistakes.
Listen to advice.
Keep your temper.
Shoulder the blame.
Make the best of things.
Maintain high standards.
Think first and act accordingly.
Put others' needs before your own.
Forgive.

Slip as many of these into your day and you will be rewarded with a more positive outlook on life.

THE PRUNE SONG



“The Prune Song” is based on the metaphor of the plum of love turning into the prune of love that has withered. This song is a story of young love and rejection. In order to appreciate “The Prune Song”, one must understand the importance of plums in the Czech Republic. Plums were valuable to sell and save for kolache and dumpling-making, as well as dry and eat during the long winter months. Just before harvest, young people would sleep under the trees to guard against thieves who might steal their crop.

“The Prune Song” recreates nostalgic and romantic memories of those nights guarding the plum trees when young people were allowed out without adults after dark.

SVESTKOVA ALEJ (THE PRUNE SONG)

Za na-si ves-ni-ci Na hlav-ni sil-ni-ci Bo-sen-sky, ros-tou- svest-ky,
Ba-jo san-cou jsme hli-da-li svest-ky jsme ji-da-li bej-va-lo
to moc hez-ky, Vzdyc-ky jsme se-de-li ve-dle se-be,
Na hvez dy cu-ce-li a na ne-be, A ted-ko sam a sam na vsec-ko
vzpo - mi - nam chtel bych byt bliz-ko te-be.

Translation

Behind our village on the main road, Bosensky plums grow, Oh yes!
Ann and I would guard the trees. We were eating plums. It was very nice. Always we sat next to each other, looking at the stars and the sky. And now alone, I remember it all and I would like to be near you again. Editor's note: This is not the whole song. Sorry!!!



Notice To Members

A Mass for Deceased members of the Czech Catholic Union is offered periodically at Our Lady of Lourdes Church in Cleveland, Ohio.

PRAYER FOR OUR NATION

Let us pray...

God of Abraham, Isaac, Moses, we cry out to you for wisdom and compassion.

You led the early Jews out of slavery, to freedom.

You led the disciples of Jesus after the crucifixion to courageously preach the Gospel.

Today we seek your wisdom to preach the good news in our country.

Grant wisdom and faith to our elected leaders, the people we choose to lead our country, To make choices that are based upon your teaching.

Where laws are made that go against your will, give us courage to change policy, Not based upon our comfort, but upon principles taught in Scripture.

We ask all this in the name of Jesus, our brother and Christ, Who lives and reign with you, one God forever and ever.

Amen.

PAYMENTS OF MORTUARY DEATH CLAIMS

The Czech Catholic Union extends its sincerest sympathies to the bereaved families of the following deceased members:

Name	Location	Soc. Name	No.	Date of Issue	Date of Death	Age
Rosemary Macek	Cudahy, WI	St. Ann	105	06-01-1988	03-04-2021	90
Alan Wolf	Cleveland, OH	St. Joseph	156	04-01-1986	04-06-2021	50
Carole Dlouhy	Cleveland, OH	St. Joseph	156	12-01-1952	04-22-2021	75
Ludmila Stamos	Omaha, NE	St. Ludmila	46	09-01-1941	04-23-2021	87
Mary Reed	Cleveland, OH	St. Ann	1	11-01-1953	04-06-2021	71

TOTAL DEATH CLAIMS PAID 2021 \$91,147.00