KRAKONOS

IN THE SQUARE OF JILEMNICE
CZECH REPUBLIC
St. Joseph Society #156 continues their monthly meetings held at the Home Office, 5349 Dolloff Road, Cleveland, Ohio. All members are welcome to attend.

Sunday, January 9, 2022
Regular meeting beginning at 1:00 PM with installation of officers followed by a luncheon of jaternice (liver sausage), kielbasa and sauerkraut. For luncheon reservations and/or jaternice to take home, call Jane at the Home Office, 216-341-0444.

Sunday, March 20, 2022
Annual Communion Brunch. Celebration of Mass at Our Lady of Lourdes at 10:00 AM followed by pastries and beverages at CCU Home Office (across the street from the church). Please call the Home Office at 216-341-0444 for reservations before Tuesday, March 15th. 50 year members will be honored. - PLEASE NOTE: DO NOT PARK IN THE CHURCH PARKING LOT. USE CCU PARKING LOT, LOT ACROSS FROM CHURCH OR THE STREET.

Condolences are sent to the family and friends of our member, Thomas R. Skulina, member of St. Joseph Society #156, who passed away on October 17, 2021. Thomas was born and raised in the Broadway/East 55th area of Cleveland, Ohio and a member of Our Lady of Lourdes Parish. He had been an attorney for the NY Central Railroad and its successors which he had represented in over 50 jury trials. After leaving the railroad, Thomas had a wide range of a law practice. Thomas also served as an arbitrator in labor and securities matters. He was a member of the American, Federal Bar and Cleveland Bar Associations and the National Academy of Arbitrators. Thomas was the Czech Catholic Union legal advisor years ago. He was very generous with free legal advice to our elderly members. Thomas enjoyed playing golf and tennis and also running, particularly in the Metro Parks. Thomas was a member for 71 years.

THE TWENTY-THIRD PSALM
The Lord is my shepherd; I shall not want.
He maketh me to lie down in green pastures:
He leadeth me beside the still waters.
He restoreth my soul: He leadeth me in the paths of righteousness for His name’s sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; Thy rod and thy staff they comfort me.
Thou preparest a table before me in the presence of mine enemies:
thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life:
and I will dwell in the house of the Lord forever.
Once again, St. Joseph Society #156 held their Annual Memorial Service for deceased members on Sunday, November 14, 2021. The deceased members ranged in age from 36 to 99 and years of membership from 18 to 80. The deceased members were: Milan Busta, Carol Dlouhy, Frank Filous, Carol Hronek, Dolores Mucha, James Myers, Donald Navratil, Amanda Nypaver, Amy Podojil, Thomas Suk and Alan James Wolf. Members of the Dlouby family were in attendance.
AS THE NEW YEAR BEGINS AND OUR MEMBERS RECEIVE THEIR DIVIDENDS -

Do you have your insurance certificate?
Is your name correct on your certificate?
Is your beneficiary who you still want it to be?

Do we have your current address? If a member’s paperwork is sent to parents/grandparents/great-grandparents/other address, we still need an address for that member.
Do we have your phone number?
Do we have your email and if we do, would you like to receive the Posel via email?

AVOYA TRAVEL PRESENTS
EASY PACE BUDAPEST, VIENNA AND PRAGUE
10 DAYS / 9 NIGHTS | 07 October 2022

FOR MORE INFORMATION CONTACT JACKIE HAPNER
AT JACKIE HAPNER TRAVEL AGENCY, LLC.
PHONE – 440-223-6711
EMAIL– jackie.hapner@avoyanetwork.com

Note: Jackie is a lifelong member of St. Joseph Society #156
In Appreciation

Our Lady of the Mount Society #143, Cicero, IL - “Thank you very, very much for the grant for my high school education. I appreciate it and your support for my Catholic education. At Benet Academy, I am involved in football and baseball. I am also in the honors math program. With the grant, I am able to better myself with God and better my education at a Catholic college-prep high school. Thank you so much.”

Sincerely, Danny O’Malley

Our Lady of the Mount Society #143, Cicero, IL - “I would like to express my gratitude for receiving the high school grant. I am very appreciative. I am currently a senior at Benet Academy in Lisle, IL. I am on the girls’ swim team and also intern/law clerk at a law firm. I am greatly enjoying my senior year, but am excited for my future! I have applied to several colleges already. I would like to major in political science, attend law school and become a lawyer! I am highly motivated and persistent in achieving my goals. Thank you so very much!”

Ryann O’Malley

Czechoslovak Genealogical Society International, St. Paul, MN - “Thank you very much for your donation for a Bronze Level corporate sponsorship. Your contribution made a positive impact on our virtual conference held in October and it was a great way to continue to celebrate our shared Czech and Slovak heritage and culture together. Thank you again for all your support.”

Best regards, Mike Kudlac, CGSI 2021 Conference Sponsor Coordinator

The City Mission, Cleveland, OH - “Thank you for your generous donation! Even though change is in the air, I am reminded of your faithfulness in helping The City Mission. Your gift has given individuals and families the care and support needed to promote growth and independence. Warm meals, clothing, shelter and more are all provided for those we serve thanks to your hospitality! Thank you for your gift and your friendship!”

Sincerely, Linda Uveges, Chief Executive Officer

OHIO FRATERNAL ALLIANCE

2022 SCHOLARSHIP PROGRAM Available to our 2022 High School graduates in the amount of $500 per applicant. Information available on our website or contact the Home Office.

Completed application must be dated and submitted by April 1, 2022.

CCU LIFE - ANNUITY/IRA

Annuity Rates are set at 3% for members and 1.5% for non-members on new business with a guarantee of 1%, 2 year contract. Interest rates are reviewed quarterly and subject to change.

Contact the Home Office for additional information on our Annuity and IRA products available.
LIFE INSURANCE PROMO 2021

Due to the overwhelming response to our LIFE INSURANCE PROMO 2021, we are extending this Promo until MARCH 31, 2022. This 5 Pay Whole Life Plan Promo offers a discount in the first year premium. For more information, visit our website www.czechccu.org or contact the Home Office at 216-341-0444.

TELL A FAMILY MEMBER
TELL A FRIEND

Starting January 1, 2022, any member who recruits a new member to CCU and an insurance policy is issued, the member will receive $25.00. Additional information can be obtained by contacting the Home Office at 216-341-0444. All you need to do is complete the form below.

Insurance Recommender Form

Current Member Info:           Prospective New Member:
Contact Name: ____________________ Name: ____________________
Contact Phone Number: _______________ Parent if under 18: _______________
Contact Email: ____________________ Address: ____________________

Mail to: CCU Life/Czech Catholic Union
5349 Dolloff Road, Cleveland, OH 44127  OR  Email to: insurance@czzechccu.org
COVER STORY

Jilemnice is a town in Semily District in the Liberec Region of the Czech Republic. It lies on the foothills of the Krkonose Mountains.

Almost every year, in the square of Jilemnice a statue of Krakonos grows out of snow. The giant snow sculpture is created by a group of skilled artists headed by Josef Dufek. They have been building the snow giant for over 20 years. It continues a tradition maintained by Dufek’s father and founded by his grandfather. Snow Krakonos first grew up in Jilemnice Square in 1909.

Krakonos is a little different each year. In order to create the statue, shovels of snow are thrown and an axe is used for the details. In the end, the artists spray him with water to freeze him properly.

KRKONOSE MUSEUM

The Krkonose Museum in Jilemnice was founded in 1891. The oldest independent ski association, which has been organizing sports skiing since 1894, is located in Jilemnice. The museum moved several times, but since 1953 it has been housed in the former castle of the Counts of Harrach (House of Harrach is a Bohemian and Austro-German noble family). Count Jan Harrach imported the first skis from Norway to Jilemnice, which laid the foundations for one of the most popular Czech sports.

PRIVACY COMMITMENT TO OUR MEMBERS

Provisions of the Gramm-Leach Bliley Act of 1999, also called the Financial Services Modernization Act, require every financial institution to annually notify all customers, in writing, of that organization’s privacy policy. The purpose of the privacy provision of this act is to curtail the ability of third parties to obtain nonpublic personal information regarding individuals who purchase financial products and services from financial institutions.

You have elected to join the Czech Catholic Union / CCU Life Fraternal Insurance and have provided them with certain nonpublic personal information such as name, age, residence, marital status, and Social Security Number.

As a fraternal benefit society, we are dedicated to the protection of our members’ privacy. The Czech Catholic Union / CCU Life has no affiliated financial institutions or third party nonaffiliates that have access to your nonpublic personal information, except pursuant to your written authorization.

Czech Catholic Union / CCU Life does not sell lists of member names or addresses to any vendor of goods or services. Should we need to retain any other organization to assist us with our operations, that organization will be required to comply with the same privacy standards as the Czech Catholic Union / CCU Life.

This privacy policy extends to nonpublic personal information of former members who no longer have insurance coverage with the Czech Catholic Union / CCU Life.

Access to members records is limited to employees who work on your member files. However, if required by civil or criminal litigation or audit to disclose information on your records, we must comply.
The U.S. Treasury currently holds 147.3 million ounces of gold bullion. About half of it is stored at Fort Knox, a stash that's worth more than $130 billion.

Security at Fort Knox is so tight, only one president has ever been inside the vaults: Franklin Delano Roosevelt, the same president who effectively took us off the gold standard in 1933. (The United States didn’t fully abandon it until 1971.)

In moderation, coffee has its place in a healthy diet. It's packed with antioxidants compound that act as nature's repair kit for cell damage. New research connects regular coffee intake to a reduced risk of Parkinson's disease and liver cancer. It may also contribute to heart health, ward off diabetes and lessen the chances of dementia. Be aware however, more than two to four cups a day can give you insomnia, stomach irritation, anxiety and other jangly effects. Six cups a day can elevate bad cholesterol. For optimal health, switch up some of your cups of coffee to tea. It has less caffeine and also helps to maintain dental, bone, heart and brain health.

CZERCH CATHOLIC UNION HIGH SCHOOL GRANT

At the Executive Committee meeting held in November 2014, the officers and directors of the Czech Catholic Union voted to establish a Renewable Grant of $300.00 to members who will be enrolled in the 9th grade of a CATHOLIC HIGH SCHOOL or are already attending a CATHOLIC HIGH SCHOOL during the 2022-2023 academic year. The grant will be payable directly to the school and credited to the student’s tuition.

To be eligible for this Grant the student must be a member of the Czech Catholic Union for three years, having one of the following permanent plans: 5, 10, 20 Year Payment Plan - Single Premium Whole Life - Youth Savings Plan - with a minimum of $5,000.00 of insurance.

PLEASE COMPLETE AND SUBMIT THE FOLLOWING APPLICATION TO THE CZECH CATHOLIC UNION HOME OFFICE NO LATER THAN JUNE 1, 2022. NO LATE APPLICATIONS ACCEPTED. MUST BE SUBMITTED EVERY YEAR.

Date: __________________ Society No.: __________________ Policy No.: __________________
Name: __________________________ Social Security No.: __________________________
Address: _____________________________________________________________
City: __________________________ State: __________________ Zip Code: _______________
Email: __________________________ Phone No.: __________________________

Catholic High School Name: ________________________________________________
School Address: ___________________________________________________________
City: __________________________ State: __________________ Zip Code: _______________
School Phone No.: __________________ School Website: _______________________
Grade Level for Upcoming School Year: ________________________________

Please mail this application to: Czech Catholic Union
5349 Dolloff Road
Cleveland, Ohio 44127

Email: insurance@czechccu.org
website: www.czechccu.org

PLEASE NOTE: THE CZECH CATHOLIC UNION COLLEGE GRANT HAS BEEN CHANGED FOR THE 2022-2023 SCHOOL YEAR.
THE NEW APPLICATION WILL BE PRINTED IN THE MAY-JUNE 2022 POSEL.
CZECH GARLIC SOUP

- 8 c. water or broth
- 1 t. salt
- 6 cloves garlic
- 1 t. marjoram
- 4 slices of dark rye bread
- 1 t. caraway seeds, crushed
- 2 medium potatoes, diced
- 1 t. fresh black pepper
- 2 T. butter
- 2 T. fresh parsley, chopped
- Cooked ham if you like, cut into cubes
- Monterey Jack Cheese or Parmesan Cheese, cut up into small cubes

Mash the garlic with the salt. Place garlic and salt in a large pot. Add the water or broth. Slowly bring to a boil. Reduce heat and keep on a simmer. Add the crushed caraway seeds, potatoes, ham if you like, marjoram, butter and a dash of ginger. Simmer uncovered till the potatoes are tender, about 15 minutes. Add the pepper and some more salt if needed.

Fry the bread in bacon drippings or butter till golden brown. Cut into tiny cubes. Place bread in each soup bowl and pour soup over it. Add a few cubes of cheese and sprinkle with parsley.

NOODLE SOUFFLE (NUDLOVY NAKYP)

- 2 2/3 c. milk
- Dash of salt
- 1/2 lb. wide noodles
- 5 T. butter
- 5 T. sugar
- 3 eggs, separated
- 1 t. vanilla
- 1 lb. apples, peeled, cored and sliced

Bring milk and salt to and a boil. Add noodles. Cook until thick, stirring constantly. Cool. Cream butter with sugar. Add egg yolks and beat until foamy. Add cooked noodles and vanilla. Beat egg whites until stiff. Fold into noodle mixture. Pour half of mixture into greased baking dish. Arrange apple slices on top. Add remaining mixture. Bake in preheated oven at 350 degrees for 30-45 minutes. Sprinkle with sugar. Note: Other fresh fruit may be used instead of apples (peaches, cherries or apricots).
Delegate/Alternate Application

Each society of the Czech Catholic Union/CCU Life is entitled to have a representative (delegate) at the Convention. These delegates are a voice for the society’s membership. Delegates vote on general business matters and also on elections of officers and directors. Qualified delegates must fill out this form and mail to the Home Office, 5349 Dolloff Road, Cleveland, Ohio 44127 by April 1, 2022.

I, __________________________, do hereby state my intent as a Delegate or Alternate at the Czech Catholic Union/CCU Life 2022 Quadrennial Convention.

Full Name: ____________________________________________

Address: ____________________________________________

Phone No.: ____________________________________________

Email Address: ________________________________________

Society Name: _________________________________________

Society No.: __________________________________________

Delegates Signature: __________________________ Date: ______________

For further information, please call the Home Office at (216) 341-0444 or email at insurance@czechccu.org.
MAILBOX MONEY

For those of you who are regular readers of this column, you know we’ve talked about cyber security, phishing, and other assorted scams including phone scams. Today we will discuss another scam that involves the United States Postal System and mailboxes.

Yes, mailboxes.

Recently, in a well to do suburb in central Ohio, a thief approached a mailman during his route as he delivered the mail. The thief brandished a weapon but only wanted to take a certain key from the postman. He did. That key however, was a master key that could open all the mailboxes in that community.

Guess what happened soon afterwards!?! That’s right, there was a rash of break ins of mail stolen directly from several mailboxes.

The thief wasn’t after a new subscription to Sports Illustrated or the latest magazine of Hollywood actors. No, the thief was after paper checks. Now why would someone want a paper check particularly when it was not written out to that person? I’ll tell you why. The thief was after all those digits at the bottom of the check that tell which bank the check came from, the amount of the check and other pertinent information!

So, what happened next was the thief bought a $200 specialized printer that can print magnetic ink on to pre-printed check paper. This magnetic ink is very important since it is read by bank machinery to determine things like the account number of the bank in which the check originally came from.

As you probably can imagine, certain people and or certain businesses started seeing money taken out of their account from checks that they did not write. This type of scam is growing faster, as a percentage, than other financial fraud.

So what can you do to avoid these things? Well first, if you have to mail a check through the United States Postal System, try to go directly to the post office and drop off the letter there. It helps if the envelope is plain and generic. Hence, it does not look like it holds a check. (You know the kind) Another thing you can do, is do a daily monitoring of your account. This can be done online and is fairly straightforward and most of the time is free.

If you are the victim of this type of crime, you must report it immediately to your bank. They will also ask you to file a police report with your local authorities. If done quick enough you can be guaranteed that the money will be recovered and returned to your checking account. So don’t wait! Again, monitor daily your account. Finally, if it continues to happen, you must close out that account and open up a new one. Yes, this is a hassle. But what is worse? A little bit of your time or all of your money stolen?

Allen Perk is CEO of XLN SYSTEMS. XLN SYSTEMS is an Information Technology and Cyber Security organization helping individuals and businesses since 1991.

THE ABOMINABLE SNOWWOMAN

According to Guinness World Records, the “tallest snowperson” in American history was actually a woman. Olympia, completed in February 2008 in Bethel, Maine, was 122 feet one inch tall. Her eyelashes were made of skis, the buttons were truck tires, and her arms were fashioned from 30-foot spruce trees. She was about 11 feet taller than the Statue of Liberty, though she had a much shorter life span.
PRAYER TO OUR LADY OF LOURDES

Blessed, most pure Virgin, you chose to manifest yourself shining with life, sweetness and beauty in the Grotto of Lourdes. Obtain for me, O loving Mother this special request ... Our Lady of Lourdes, Mother of Christ, pray for me.

Obtain from your Divine Son my special request if it be God’s will.

Amen

Feast day is February 11

VALENTINE’S DAY (KRASNEKO VALENTYNA)

FEBRUARY 14
ENGLISH TO CZECH

If you want to talk about falling in love with someone -

zamilovat se do nekoho

If you are head over heels in love with someone - zamilovany az po usi
If you fell in love with someone at first sight - laska na prvni pohled
If you have a crush on someone - hazet po nekom okem
If you want to say I’m crazy for you - Jsem do tebe blazen
PRESIDENTS WITH COMPASSION

ABRAHAM LINCOLN
Often Lincoln applied his signature to pardons for troops who deserted their posts or faced criminal charges. He wrote to a friend in 1862, “With malice toward none, with charity toward all, with firmness in the right, as God gives us to see the right, let us finish the work we are in, to bind the nation’s wounds.”

GERALD FORD
In 1974, Ford pardoned former President Richard Nixon in the wake of the Watergate scandal. He believed the pardon would help heal the wounds of Watergate, allowing the U.S. to move on to address a foundering economy and the last gasps of the Vietnam War.

GEORGE H.W. BUSH
Bush called for a kinder, gentler nation. “America is never wholly herself unless she is engaged in high moral principle,” Bush said, urging Americans to get involved in their communities.

RONALD REAGAN (Dec. 4, 1983)
“In my view, every exercise program should have an outdoor element to it whether jogging, bicycling, skiing, hiking or walking. I prefer horseback riding and whenever possible, hard manual labor at the ranch.”

BARACK OBAMA (May 16, 2010)
“At times like these, when the future seems unsettled and uncertain, it can be easy to lose heart. When you turn on the tv or read newspapers or blogs, the voices of cynicism and pessimism always seem to be the loudest. Don’t believe them.”

A NEW OCEAN
The National Geographic Society has been mapping the world’s oceans since 1915, but in 2021 the cartographers produced a surprise: a fifth ocean! It’s the body of water surrounding Antarctica that’s been carved from the nearby Pacific, Atlantic and Indian Oceans by the fast-moving Antarctic Circumpolar Current. The society is calling this new fifth sea-ster the Southern Ocean, which is certainly accurate and maybe a little boring.

THE WAY TO HAPPINESS

Keep your heart free from hate,
Your mind free from worry.
Live simply.
Expect little.
Give much!

“DON’T LET ANYONE WHO HASN’T BEEN IN YOUR SHOES TELL YOU HOW TO TIE YOUR LACES.”

We do not want to lose contact with our members. If you move, please let us know!

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<th>Name</th>
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Mail to Czech Catholic Union/CCU Life
5349 Dolloff Road, Cleveland, Ohio 44127
or email at insurance@czechccu.org
PRAYER TO ST. JOHN NEUMANN

Saint John Neumann, Servant of God and Man, your desire to bring all souls to Christ inspired you to leave your family, home and your country. Ask for us the grace to live worthily in the spirit of our Baptism so that all our thoughts, words and actions of every day will bring God our Father greater honor and glory. Ask for us the graces necessary to help and to serve the poor, the suffering and the oppressed. May we live as you lived persevering in every difficulty to know and to do God’s will. In this life, may we share your intercession, the protection of Mary and the grace of Jesus Christ our Lord and Redeemer.

Amen

Feast day is January 5

PUSTEVY ALPINE RESORT

This resort is located in the Moravian-Silesian Beskydy Mountain Range of the Czech Republic. Pustevy is the Czech word for Hermit.

CZECH CANDY

Chocolate in Czech is cokolada. Milk chocolate is mlecna cokolada. Dark chocolate is horačka cokolada. Chocolates are cokoladove bonbonny and they usually come in a box, bonboniera.

Typical Czech chocolates are rum pralines, rumove pralinky, filled with dark Czech rum. A type of bonboniera that all Czechs remember with nostalgia is vanocni kolekce, “the Christmas collection”.

These were Christmas-themed chocolates on strings that could be hung on the Christmas tree.

Other types of candy are toffees, karamely; gummy bears, gumove medvidky; mints, mentolky. A lollipop is lizatko, meaning something to lick. Chewing gum is zvykacka.

Feast Day is February 14
**PAYMENTS OF MORTUARY DEATH CLAIMS**

The Czech Catholic Union extends its sincerest sympathies to the bereaved families of the following deceased members:

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Soc. Name</th>
<th>No.</th>
<th>Date of Issue</th>
<th>Date of Death</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milan Busta</td>
<td>Cleveland, OH</td>
<td>St. Joseph</td>
<td>156</td>
<td>12-01-1941</td>
<td>09-02-2021</td>
<td>96</td>
</tr>
<tr>
<td>Msgr. Peter Esterka</td>
<td>Chicago, IL</td>
<td>St. Ann</td>
<td>3</td>
<td>05-01-1989</td>
<td>08-10-2021</td>
<td>85</td>
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<tr>
<td>Dennia Veselsky</td>
<td>Cleveland, OH</td>
<td>St. Joseph</td>
<td>156</td>
<td>05-01-1953</td>
<td>10-25-2021</td>
<td>68</td>
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<tr>
<td>Amy Podojil</td>
<td>Cleveland, OH</td>
<td>St. Joseph</td>
<td>156</td>
<td>03-01-1962</td>
<td>02-18-2021</td>
<td>60</td>
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<tr>
<td>Kate Ziegler</td>
<td>Detroit, MI</td>
<td>St. Ann</td>
<td>5</td>
<td>01-01-2007</td>
<td>10-29-2021</td>
<td>15</td>
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<tr>
<td>Thomas Skulina</td>
<td>Cleveland, OH</td>
<td>St. Joseph</td>
<td>156</td>
<td>11-01-1949</td>
<td>10-17-2021</td>
<td>88</td>
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</table>

**NOTICE TO MEMBERS**

A Mass for Deceased members of the Czech Catholic Union/CCU is offered periodically at Our Lady of Lourdes Church in Cleveland, Ohio.

**Our America**

Our country may now face hard times,  
With this we all agree,  
But we’ll survive, ride out the storm,  
And good times once more see.

We’ve seen recession, depression,  
And we survived them all.  
We fought in wars on foreign lands -  
Our freedom did not fall.

We’ve seen good times and bad times  
And we will see some more,  
But we’ll pull through, there is no doubt,  
Just as we did before.

**TOTAL DEATH CLAIMS PAID 2021 $181,195.00**